



HEMP OIL TYPES ?

Hemp oil is derived from the seeds of the hemp plant (*Cannabis sativa*). It is a natural, healthy oil that is rich in essential fatty acids and antioxidants.

- **Cold Pressed:** This type of oil is made by pressing the seeds at low temperatures, which preserves the natural nutrients and flavor.
- **Refined:** This type of oil is made by refining the seeds, which removes the natural nutrients and flavor.
- **Hemp Heart Oil:** This type of oil is made from the hearts of the hemp seeds, which are the most nutrient-dense part of the seed.

The most common types of hemp oil are cold pressed, refined, and hemp heart oil. Each type has its own unique benefits and uses.

HEMP OIL

HEMP OIL TYPE	EXTRACTION METHOD	HEALTH BENEFITS	USAGES
Cold Pressed	Pressing at low temperature (40°C or below)	Rich in nutrients, antioxidants, and essential fatty acids.	Salads, smoothies, and as a natural skin moisturizer.
Refined	Pressing at high temperature	Removes natural nutrients and flavor.	Commercial products and as a cooking oil.
Hemp Heart Oil	Pressing the seed hearts	Highly nutrient-dense.	Salads, smoothies, and as a natural skin moisturizer.

干物质	干物质	干物质	干物质
水分	水分, 灰分	水分, 灰分	水分, 灰分
粗蛋白 -3 (ALA)	15-20%	15-20%	18-22%
粗蛋白 -6 (LA)	55-60%	55-60%	58-62%
粗蛋白 -9 (OA)	10-12%	10-12%	11-13%
粗脂肪 -6:3	3:1 (粗脂肪 : 粗蛋白)	3:1 (粗脂肪 : 粗蛋白)	3:1 (粗脂肪 : 粗蛋白)
粗纤维	1.5-3.0%	1.5-3.0%	2.0-3.5%
有效酸 E	≥50mg/100g	≥45mg/100g	≥60mg/100g
有效碱	≥50mg/100g	≤5mg/100g	≥30mg/100g
热稳定性	165°C (330°F)	230°C (445°F)	170°C (340°F)
有机酸	≤3 meqO ₂ /kg	≤1 meqO ₂ /kg	≤2 meqO ₂ /kg
总糖	≤1.5%	≤0.5%	≤1.0%

原料选择

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4. 认证 标准

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- 非转基因 认证
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- 认证 : USDA, EU 认证 , COR
- 非转基因 认证 (Non-GMO): Non-GMO 认证
- 认证 : HACCP, ISO 22000 认证
- 认证 : 有机 , 有机 认证
- 认证 : THC 限制 (THC 0.3% 限制)
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Q: Can I cook with Organic Cold Pressed Hemp Seed Oil?

A: **Organic Cold Pressed Hemp Seed Oil** has a low smoke point and is best used as a finishing oil or in raw applications like dressings and smoothies to preserve its delicate nutrients.

Q: What's the best way to store Organic Hemp Seed Oil?

A: All **Organic Hemp Seed Oil** types should be stored in a cool, dark place, away from direct light and heat. Refrigeration is recommended after opening to extend freshness, especially for cold-pressed varieties.

Q: Is there a difference in nutritional content between the three oils?

A: While all contain essential fatty acids, **Organic Cold Pressed Hemp Seed Oil** retains the most vibrant profile of chlorophyll and other plant compounds. **Refined Hemp Seed Oil** has some nutrients removed during processing, while **Organic Hemp Hearts Oil** offers a slightly different balance due to being pressed from hulled seeds.

Q: Can Organic Hemp Seed Oil be used topically for skin or hair?

A: Absolutely! All our **Organic Hemp Seed Oil** varieties are excellent for topical use. **Refined Hemp Seed Oil** is often preferred for skincare due to its neutral scent and lighter feel, but cold-pressed and hemp hearts oil can also offer nourishing benefits.

Q: Is Organic Hemp Seed Oil the same as CBD oil?

A: No, **Organic Hemp Seed Oil** is pressed from the seeds of the hemp plant and primarily contains essential fatty acids, vitamins, and minerals. CBD oil (cannabidiol oil) is extracted from the flowers, leaves, and stalks of the hemp plant and contains cannabinoids. They are distinct products with different primary benefits.



For more information, please visit our website:

<https://ko.hemp-land.com/products/%ec%9c%a0%ea%b8%b0%eb%86%8d-%ed%97%b4%ed%94%84%ec%94%a8-%ec%98%a4%ec%9d%bc/>